

# Information for Young Adults on GCP2

**Developed with  
the support of  
young people  
from the NSPCC  
Participation group**

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**NSPCC**

**EVERY CHILDHOOD IS WORTH FIGHTING FOR**

**We believe that to give you better support, it would be helpful to understand what life is like for you, and what support your parents or guardians are able to provide.**



We will be doing a Graded Care Profile 2 (GCP2) assessment with your parents or guardians, so we can understand what care and support they are giving you.



If you want to, we can look at the GCP2 together, to look at things from your perspective and chat through your thoughts on the care you are receiving. Or you can take it away and look at it in your own time.

The areas we will be looking at are your physical care, your safety, your emotional care and your developmental care. These are things such as your health, school, friends, how you are disciplined, praised and how you get on with your parents or guardians.



The type of care you require changes as you grow older and become more independent. It's a time when you will be doing more for yourselves. Your parents' or guardians' role is to support you during this transition.

We also know that it can be a time when there may be some disagreements between you and your parents or guardians about certain things. We hope that looking at your care can help you talk openly to your parents or guardians about these issues. If you would like help starting these conversations, we can support you with this too.

**It can be natural to feel worried during these assessments, but we want you to know you can always contact us to talk through any concerns you may have**



**My name is** .....

**My email is** .....

**You can call or text me on** .....