

# Warrington together

## Quarterly stakeholder brief: June 2023

### What is Warrington Together?

Following the introduction of the Health and Care Act 2022, Integrated Care Boards (ICB) replaced Clinical Commissioning Groups (CCGs) and were tasked with improving health and care by working much closer with partners to make local health systems work for local communities.

From a structural point of view, NHS Cheshire and Merseyside ICB replaced CCGs with nine 'Places', with each Place having a mechanism to bring health and care closer together, in Warrington we call this Warrington Together.

As Warrington Together, NHS provider organisations, Warrington Borough Council, Healthwatch Warrington, GP practices and voluntary sector organisations are working together to integrate services and improve how we access health and care in Warrington.

### Warrington Together's areas of focus

We've identified six of our biggest shared health and social care key focus areas:

1. Improving population health and supporting vulnerable communities and individuals.  
Developing a place-wide 'Living Well' framework that supports people to start, live and age well, be active, and live healthy, fulfilling lives
2. Dealing with rising demand and responding to the changing needs and expectations of the local population
3. Improving and maintaining quality services and managing more complex needs locally
4. Sustaining and growing our workforce, volunteers and community led services
5. Ensuring good access to early help that will prevent crisis and needs from escalating
6. Maintaining an effective and financially sustainable health and care system, with budgets under pressure

You can find out more about Warrington Together [here](#) or by emailing:

[warringtontogether@warrington.gov.uk](mailto:warringtontogether@warrington.gov.uk)

## Living Well update

Connecting people, places and services to support people to Live Well



### Living Well

Living Well is all about connecting people, communities and services to enable people to:

- Live and age well, be active and live healthy, fulfilling lives
- Connect with people, their communities and services that promote wellbeing and independence
- Take greater control over their own health, wellbeing and resilience

As Warrington Together, we want everyone to know how to live well in Warrington and have the resources to support them to do this.

Living Well is built on three core programmes which are designed to tackle Warrington's biggest challenges - these are Starting Well, Staying Well and Ageing Well. Together, these programmes fall under the Living Well umbrella. You'll see the Living Well logo whenever we talk about work that comes out of these programmes.

### **Starting Well**

The vision for this programme is that every child should have the best start in life. This means good physical and mental health for every child, children being safe and growing up in settled families, getting the best from school and education so they can lead successful adult lives. To achieve this, partners are working together under the Starting Well Programme Board on five key themes: early help, special education needs and disabilities (SEND), education, employment and training, emotional health and wellbeing and care and support.

Mersey Care, Warrington Borough Council and NHS Cheshire and Merseyside Integrated Care Board (Warrington Place) are working together to improve children and young people's emotional and mental health across all schools in Warrington. The Schools Link Mental Health Team provide talking therapies, wellbeing workshops and pastoral support in schools across Warrington. Find out more [here](#).

### **Staying Well**

This programme of work focuses primarily on adults between 18 and 64 and includes a range of preventative programmes and initiatives to ensure people continue to be supported to stay well throughout their lives. A key outcome for Staying Well in Warrington is for people to enjoy a healthy and fulfilling life, feeling safe, healthy and connected within their communities.

When a Warrington resident was struggling with no money, food, electric or gas, he visited his local Talking Point to find out what support was available. The young adult, who had autism, lived with his partner but neither were able to work due to illness. Friendly Talking Point advisers discussed his options and contacted the Local Support Scheme to arrange an emergency grant. Advisors helped him to complete a foodbank voucher application, discussed a local affordable food scheme and contacted the local church to arrange for a small amount of money to cover bus fares to the foodbank and cover emergency electricity for the weekend. Find out more about [Talking Points](#).

## **Ageing Well**

The aim of this programme is for people to enjoy a fulfilling life as they age, feeling safe, healthy and connected with their communities, with particular focus on people living independently in the comfort of their own home for as long as possible. Focussing on the vulnerable to severely frail population, Ageing Well will also work to ensure carers and families feel supported and informed and to make sure those who are receiving end of life care benefit from proactive and compassionate care.

Providers across Warrington are working collaboratively to develop and sustain a range of [Virtual Wards](#), which are designed to bring hospital care into patients' homes with a focus on frailty, palliative and acute respiratory conditions. Warrington and Halton Teaching Hospitals Foundation Trust (WHH) recently launched their Acute Respiratory Infection Virtual Ward (ARI VW) in partnership with Mersey Care NHS Foundation Trust. The ARI VW currently has capacity for 15 virtual beds, soon to increase to 30 with the launch of phase 3, which will see GPs refer to the virtual ward, which would hopefully completely avoid any admission to hospital.

Find out more about Living Well [here](#).